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SUNDAY PLAIN DEALER

2 U.S. astronauts blast off aboard Space X rocket. A4

Budish's $30M rehab plan draws questions. A7

THE COVID-19 OUTBREAK

Ranking the risk for summer fun activities

How safe are Ohio beaches amid the coronavirus? What about shopping malls?

High risk
Heather McKee of Jefferson works out at the Lifetime Fitness in Beachwood on Tuesday as gyms reopened in Ohio. Gyms were closed in mid-March. *David Petkiewicz, cleveland.com*

Medium risk
The fast mode of travel for island-to-island hops is Jet Express, here leaving the dock at Kelley's Island to Put-in-Bay island. *John Kuntz, The Plain Dealer*

Low-medium risk
Cleveland Metroparks urges visitors to Huntington Beach to stay socially distant. *Laura Johnston, cleveland.com*

Low-high risk
The upper deck patio at Pier W in Lakewood. The restaurant plans to reopen Tuesday. *John Kuntz, cleveland.com*

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After nearly three months of quarantine, Ohioans are ready to get out and enjoy summer.

But this year, they'll have to rate the risks of their favorite fun activities, due to the coronavirus. "There is really no such thing as zero risk of transmission," Case Western Reserve University School of Medicine associate professor Mark Cameron said.

Still, some activities are safer than others. And there are new tools and distancing measures in place to mitigate the threat of the coronavirus constant in our lives.

Cleveland.com interviewed experts from Ohio State University, MetroHealth, the Cleveland Clinic, Case Western Reserve University, Northeast Ohio Medical University, Lorain County Community College and University Hospitals to assess the risk of that backyard barbecue or trip to the beach.

High risk

Gyms:
Gyms are considered high risk. People may not want to wear a mask while exercising. They're breathing hard, huffing and puffing — and producing a lot of respiratory droplets. This is especially problematic because people are most contagious before they show symptoms.

Gyms are making significant changes to reopen, including maintaining distance between workout equipment, reducing capacity and implementing heavy sanitation procedures. Proper sanitation procedures and properly distancing gymgoers could reduce risk.

Weddings:
A wedding, as celebrated before the pandemic, would be high risk.

"Usually at weddings you're dancing with other people, shaking hands, maybe even hugging other people — you can't do that," said Dr. Thomas File, chair of the infectious disease section at Northeast Ohio Medical University and the infectious disease division at Summa Health.

"You just have to realize there's going to have to be different behavior."

State regulations ban dance floors at weddings and require spacing out tables, but allow

SEE RANKING THE RISK, A14

There are some general rules to consider in each scenario, including:

How crowded is the venue and how long will you be around other people? The longer you're around other people, the more likely the virus will spread. You should also consider the capacity of the place you're visiting, and whether the number of people there can be controlled to maintain social distancing.

Will people at the gathering or venue be wearing masks? Experts say everyone should wear a mask in public.

Will that activity extend outside a small social circle you've maintained during shelter-in-place? Each new person introduces a risk.

Is the event or gathering inside or outside? What is the nature of the activity or gathering?

Even after these rules are applied, certain scenarios essentially carry a much higher risk. A solitary kayak trip or a solo camping trip carries much less risk than, say, a drink with friends at a crowded indoor bar. But each type of outing or gathering carries different risks.

CLEVELAND

Protests turn violent downtown

Demonstrators set police cars on fire, break windows

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Protesters torched at least five police cars, shattered the windows of the Cuyahoga County Justice Center with water bottles and rocks, and destroyed bus shelters downtown, as a demonstration over the death of George Floyd on Saturday turned violent.

Thousands of people — nearly all wearing masks to stop the spread of the coronavirus — were scattered through downtown Saturday evening, as police in riot gear with plastic shields lined Lakeside Avenue.

Streets into downtown were closed. Inmates pounded on the walls inside the justice center. And outside the area was littered with water bottles, face masks, empty canisters, overturned trash cans and orange barrels. The Justice Center and the old county courthouse across Lakeside was spraypainted with "Pigs," "Black Lives Matter" and "ACAB." And every few seconds you could hear the BOOM of smoke canisters.

SEE PROTESTS, A6

COACH & DOC

The end of the remarkable Bossu Family Era

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Frank Bossu was 56 when the question came from his father.

To most people who attended Benedictine High School, Augie Bossu is simply known as "Coach."

To Frank Bossu, he's "Dad."

"You've been talking about becoming a teacher for a while now," his father said. "When are you going to do that?"

Known as "Doc Bossu" at Benedictine, Dr. Frank Bossu had worked for years at Proctor & Gamble as a research chemist. He helped with the development of Tide With Bleach, Downey and other products for the company. He was financially secure.

It was 2006 when Frank Bossu was talking about leaving the business world. A former Benedictine football player and valedictorian of the Class of 1967, he played on the offensive line for his father in high school. He then was a three-year letterman

SEE PLUTO, A8

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